**Email communication to RMHP internal teams about Wisdo’s peer support community platform**

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**Email subject line:** Introducing Wisdo Health: A Peer Support Platform for Our Members

Dear [Recipient's Name],

I’m excited to share that Rocky Mountain Health Plans now offers members unlimited access to an evidence-based online peer support community named **Wisdo**.

This online community was created to provide support to members struggling with mental health, chronic conditions, life stressors, and social determinants of health. It is accessible to members via their smartphones or personal computers and is fully compliant with HIPAA and SOC2 HITRUST standards.

By joining Wisdo, members will:

* Receive emotional support and companionship from helpful peers who have been in similar situations
* Join group coaching sessions to build resilience and healthy habits
* Experience improvements in their health and well-being

Wisdo has already helped more than 10,000 adults in Colorado. A recent [peer-reviewed paper](https://formative.jmir.org/2023/1/e48864/) based on results in Colorado and published at JMIR provides strong evidence for its effectiveness.

To learn more about Wisdo, please review this [one-pager](https://resources.wisdo.com/wp-content/uploads/2023/11/RMHP-Talking-Points-11.28.23.pdf) or [brief video overview](https://wisdos-exceptional-project.webflow.io/co/video-partners). If you would like to access Wisdo, please use this link: www.wisdo.com/co/rmhp.

Over the next month, we will reach out to you to discuss how you can help promote Wisdo to our members. We have already prepared a suite of materials that you can view [here](https://resources.wisdo.com/rocky-mountain/).

Please reach out if you have any questions or feedback. We are excited about the positive impact Wisdo Health can have on our community, and we look forward to working together to support this important initiative.

Best regards,

Signature line of health plan